



Partnership for a Health GEAUGA  
Community Health Improvement Plan (CHIP) Planning Meeting  
October 9, 2014  
Geauga County Board of Mental Health & Recovery Services

Meeting Minutes

Attendees:

Brad Welch, Family First Council  
Anne Anderson, Geauga County Board of DD  
Jessica Boalt, Geauga County Department on Aging  
Bob Weisdack, Geauga County Health District  
Dan Mix, Geauga County Health District  
Britney Ward, Hospital Council of NW Ohio  
Susan Emens, Kent State University – Geauga Campus  
Elaine Maro, Lake-Geauga Recovery Centers  
Kathy Malobenski, Ledgemont Schools  
George J. Pogan, Middlefield Care Center  
Betsy Griffin, Starting Point  
Dawn Damante, UH Geauga Medical Center  
Julie Bogdan, UH Geauga Medical Center  
Joanne Randall, United Way Services of Geauga County  
Erwin Leffel, Health District Advisory Council  
Andrea Gutka, WomenSafe  
Amanda Andersky, Lake County Free Clinic  
Irene McMullen, Munson Township  
Catherine Whitright, Geauga County Resident  
Susan Emes, Kent State University - Geauga  
Vicki Clark, Ravenwood  
DeAnna Tenney, Chagrin Falls Park  
Cheryl Koncler, Probate / Juvenile Court  
Dawn Farrell, Geauga Metro Housing  
Suzi Kay, United Way of Geauga  
Jim Clements, Catholic Charities

Handouts:

- Minutes from 9/25/2014 Meeting
- Work Assignment for Identifying Key Issues and Concerns – Geauga County

Britney Ward, Hospital Council of NW Ohio, chair, started the meeting at 10:05 AM

1. All members introduced themselves and their roles at their respective agencies.
2. Britney Ward reviewed the agenda for the next two meetings
3. Britney Ward reviewed the procedure for identifying the key health issues in Geauga County stratified by age groups – Adult, Youth and Children

**ADULT**

1. Healthcare access 97% @ risk highest risk 55-64 years 17
2. Healthcare coverage 41% @ risk highest risk < 30 females 15
3. Chronic Disease management 10
  - a. Cardiovascular 53% 65 years and older males
  - b. Diabetes 14% 65 years and older males
  - c. Cancer 52% at risk
4. Drug Use 15
  - a. Tobacco 14% highest 65 years and older males
  - b. Alcohol 55% 30-64 years old male
  - c. Marijuana 14% under 30 years old male
  - d. Prescription misuse 9% under 30 years old male
5. Preventive Health Screenings 8
  - a. Look for data in women's health, men's health, flu
6. Binge drinking 18% under 30 years old both genders 6
7. High cholesterol level 36% over 65 years old both genders 4
8. Water quality and testing 2% unsafe water supply 2
9. Personal disaster preparedness 1
10. Health literacy 5
11. Amish – more inclusion; learn from them 1
12. High blood pressure 30% 2
13. Adult weight status 9
  - a. 60% overweight/obese over 65 years highest risk
  - b. Physical inactivity 22% no activity
  - c. Screen time 11.5 hour
14. Homeless adults and families 7% 18-60 years 5
  - a. Point-to-point statistics; VA statistics; unemployment stats
15. Mental health 8
  - a. Coping with stress 18%
  - b. Suicidal thoughts; attempted suicide; suicides

16. PTSD & trauma	over 50 years old highest risk	6
17. Working parents – what to do with children after school		2
18. Safety – firearms in homes	45% under 30 years old highest risk	1
19. Arthritis	343% 65 years and older highest risk	2
20. Lack of resources for SES disadvantages families		5
a. Lack of affordable housing		
b. Lack of services		
21. Lack of public transportation		9
a. Decreases access to healthcare		
b. Increases problems with youth activity		

## YOUTH

1. Drug use		17
a. Marijuana	28% 17-18 years old males	
b. Other drugs	18% 14-16 years old males	
2. Mental health		12
a. Depression	10% 14-16 years old female	
b. Contemplating suicide	9% increases to 11% in 9 <sup>th</sup> -12 <sup>th</sup> grade	
3. Youth Weight Status		12
a. Physical inactivity		
b. Screen time		
c. Unhealthy eating		
4. Violence	carry a weapon in the last 30 days 14% 17-18 yrs old males	3
5. Safety and support	seat belt use 59%	3
6. Assaulted by g/f or b/f	7% over 17 at greatest risk	3
a. Youth has intercourse when they did not want too	7%	
7. Bullying	14%	8
8. Autism and special needs		8
a. Increasing number of diagnosis		
b. Lack of services available		
c. Mothers don't work because no daycare will take autistic child		
d. Individualized education plan (IEP)	13-18% per school	
e. At DD this increases to 90%		
9. Going to bed hungry		3
10. Eating disorders		1
11. Lack of care or activity for youth after school		5
12. Riding with an impaired driver		12
a. Geauga has a culture of alcohol use		
b. Teen alcohol use is 18% above national levels		
c. Parental attitude is 16% above national levels		

d. Western part of county - higher teen use and parental approval	
13. PTSD and trauma	6
14. Youth violence self-inflicted injury 18% 17-18 year old females	2
15. Depression in youth that have been bullied 29%	2
16. Teen pregnancy	2

### **CHILDREN**

1. Going to bed hungry – lack of food	2
2. Mental health issues	10
a. ADHD 0-11 year olds (Section 30 p. 1)	
3. Access to healthcare 71% 0 – 5 years old Low SES	15
4. Lack of healthcare coverage – insurance gaps	16
5. Children’s Weight Status	10
a. 24% physical inactivity	
b. Screen time	
c. 14% obese and 16% overweight	
6. Extra curricula activity	1
a. High cost of pay-to-play	
b. Lack of social options	
c. Lack of sleep for over-active children	
7. Lack of family dynamic / family structure	3
a. No family meals or structure – lack of well-mannered children	
8. Allergies and asthma	4
9. Parental substance abuse	8
10. Bullying 30% 6-11 year olds	4
11. Parents reading to children	6
12. Affordable daycare and after school supervision	4

### **TOP ISSUES**

Adults healthcare access	17
Youth drug use	17
Child healthcare coverage	16
Adult drug use	15
Adult healthcare coverage	15
Children access to care	15
Youth Alcohol	12
Youth mental health	12
Youth weight status	12
Adult chronic disease	10
Children weight status	10

Children mental health	10
Adult weight control	9
Transportation	9

### **TOP ISSUES CATEGORIZED**

Healthcare access

Healthcare coverage

Healthy Weight all ages

Mental Health all ages

Drug use all ages

Adult chronic disease

Transportation

#### **Added**

Youth alcohol

Youth bullying

Youth and children autism and special needs

4. All committee members will receive a worksheet by email to rank the key health issues identified. All committee members are urged to complete the rankings and bring them to the October 23 meeting, where we will select the top two to five key health issues. The rankings will be based on three criteria:
  - a. Magnitude – how many people does the problem affect, actually or potentially?
  - b. Seriousness of consequences – What degree of disability or premature death occurs because of the problem? What are the potential burdens to your community, such as economic or social burdens?
  - c. Feasibility – Is the problem amenable to interventions (i.e. is the intervention scientifically feasible as well as acceptable to the community?) What technology, knowledge, or resources are necessary to effect a change? Is the problem preventable?
5. The remaining scheduled meetings include:
  - October 23, 2014 at 10:30 AM
  - November 6, 2014 at 10:00 AM
  - November 20, 2014 at 10:30 AM
  - A tentative December 4, 2014 meeting at 10:30 AM was scheduled in case we need additional time
  - All meetings are at the Geauga County Board of Mental Health & Recovery Services